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Psychologist Dr. Joseph Anton Spiegel, an only child, was born November 28, 1933, to Elinor Paulsen and Joseph Anton Spiegel Sr. in West New York, NJ, and died of natural causes on January 13, 2022, in Toms River, NJ. He graduated from Xavier High School in NYC, St. Peter's College, Fordham Univ. and Rutgers Univ. where he obtained his doctoral degree in psychology. He then attended The Postgraduate Center for Mental Health in NYC.



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